"In this world of change I believe that each and every person has to take responsibility of their own future, the future of their family, the community and of the world. We are moving from a target driven society to a value driven society where we empower people who will step into their leadership and change the world"

For the past 18 years she has been an entrepreneur and advisor in different industries. Ingun is a connector and builds bridges between many organizations and people. She will always choose the human approach and builds futures based on trust, respect, empathy, compassion, equality, diversity, authenticity, sustainability and collaboration.

As Founder of Female Wave of Change she is able to connect women and men worldwide. She is a strong believer that authentic feminine leadership is the way to move forward and drive change. Female Wave of Change aims to connect women, to share knowledge and experience and to create new opportunities together. As president of the board she leads Female Wave of Change into the future. Female Wave of Change now is represented in almost 50 countries, runs a very successful online and local transformation program "Women Leading in Change" and supports women and families all over the world with their local organizations.

Her entrepreneurial spirit guided her to co-found Move in 2 the Future in the beginning of 2020 where she supports men and women of the 50plus generation to re-invent themselves and recreate their future in this rapidly changing world: training, mentorship and a very active online community supports them to find their new role in society and use their full potential.